

Discussion Questions:

Perfect Health

Acts 3:11-16

- I. What does not give you perfect health?
 1. Where are you tempted to lean on your own power or piety to become more of the person you'd like to be?
 - a. Are there times when you've become aware that your reliance on yourself has distorted the way that you see and understand the world?
 - b. Has self-reliance ever distorted how you think about God and what he's doing in the world or in your life?
 2. How does your heart respond when you hear *Peter* talk about people *denying* Jesus as God's chosen servant?
 - a. How does it help or not help to remember that it was Peter who first correctly saw that Jesus is God's Messiah (Matthew 16:16)?
 - b. What does it say about Jesus—about his heart—that he sent a message to convict people of denying him, through the mouth of Peter?
 3. Do you tend to see Jesus being more actively involved in this world or inactive (i.e. more passive)?
 - a. How do you see him (more actively or inactively involved) in your own life personally?
 - b. How do you see him (more actively or inactively involved) in reaching other people through you (especially when they're struggling like you have)?
 4. How has God recently been letting you see how much you need more faith from Jesus in order to live well?
 - a. Take some time to thank him for letting you see that you need more than your own power and piety to get through life.
 - b. Then ask him to give you more of his power and piety to make you spiritually stronger so that you can face what he's given you to deal with.
- II. What is the source of perfect health?
- III. How do you get perfect Health?