

## Dealing With Criticism: Foundation

1 Corinthians 4:1-5

1. What can you rely on (when facing criticism)?

2. Why can't you (rely on those things)?

3. What do you need to rely on instead?

1. Take a moment and ask yourself: how do you approach life differently, because Jesus rose from the dead?
  - a. You could also ask--what difference does Jesus' resurrection make to you on a day-to-day basis?
  - b. NOTE: it might be helpful to ask it from the opposite direction as well—how would I live differently if Jesus had *not* risen? What would I think and feel and do differently if he'd stayed dead?
2. Can you think of a time when you got caught up in the trap of dealing with criticism by relying on what you or others thought of you?
  - a. What was that time like for you?
  - b. What kind of additional problems did it create?
3. What does it look like practically, to rely on Christ's judgment instead of anyone else's?
  - a. Or to ask it differently--what do you do differently now, because of the judgment Jesus will render in the future?
  - b. Can you share a time when you saw and felt the difference that his future judgment made for you—how it changed what you were doing or feeling?