

Give Us This Day Our Daily Bread

Matthew 6:11,25-34; John 6:48-58

We give thanks for ordinary bread. And extraordinary bread, too, as we find in the Lord's Supper.

Does food come from the fridge or from God?

1) Daily Bread in the Old Testament

- "Supernatural" food named *manna* (on the way to the Promised Land)

- Normal food (in the Promised Land)

2) Daily Bread in the New Testament

- Daily Bread in the Lord's Prayer: now we turn to mundane, ordinary things

- Anxiety and provision in Matthew 6:25-34

3) Bread that saves!

- *Manna* points to Jesus' crucified body (John 6:48-58)

Questions for Reflection and Application

1. Undoubtedly, if you're an adult, you've worked for food, money, etc. You've put the work in. So how can you stop yourself from becoming proud and self-reliant? Consider Deuteronomy 8:18.
2. Do you put mundane things like bread in a different mental category than forgiveness of sins? If so, why? Do you think this is misleading or even dangerous?
3. Practically speaking, should you reflect on your mealtime rituals? Consider John 6:11. What might you change or add to your mealtime?